

Google Meet Joining Instructions & FAQs

How to join by computer, phone/tablet, or telephone

You do not need a Google or Gmail account to attend an ACMCRN Google Meet meeting.
Join online with or without a Google account, or call in by telephone for audio-only participation.

Before the Meeting

Use the event page linked in your registration confirmation for the current meeting date, time, Google Meet link, and telephone dial-in information. The event page is the best source because meeting details can change.

Option 1: Join on a Computer or Laptop

1. Open the event page or confirmation email and select the Google Meet joining link.
2. Your web browser will open Google Meet.
3. If Google asks you to sign in and you have Gmail, use your Gmail address and the same password you use to sign in to Gmail.
4. If you do not want to use a Google account, follow the guest/no-account option shown by Google Meet.
5. You can keep your camera turned off if you prefer not to use video.

Option 2: Join on a Mobile Phone or Tablet

Mobile screens can look different depending on your phone, Google Meet app, browser, and the Google accounts already on the device.

- If Google shows one Google account, select it to continue.
- If Google shows several accounts, choose the account you want to use.
- If you have Gmail, your Gmail address is a Google account. Use the same password you use for Gmail if Google asks you to sign in.
- If you do not want to use a Google account, look for **Use without a Google account**. On some phones you may need to scroll down to see it.
- If Google asks you to confirm that it is really you, follow Google's verification steps for the account you selected.
- If you see **Ask to join**, tap it and wait for the meeting host to admit you.
- You may leave your camera off if you prefer audio-only participation through Google Meet.

Option 3: Call In by Telephone (No Video)

This is a good option if you do not want to use video, do not want to use an app, or are having trouble joining online.

1. Find the telephone dial-in number and meeting PIN on the event page.
2. Call the listed phone number.
3. When prompted, enter the meeting PIN followed by the # key.
4. You will join the meeting by telephone with audio only.

5. Press *6 on your phone to mute or unmute yourself.

Note: Your telephone carrier's normal calling or long-distance charges may apply.

Frequently Asked Questions

Do I need a Google account to attend?

No. ACMCRN meetings are intended to allow people to join without creating a Google account. Google may still show account choices or sign-in screens depending on your device.

I have Gmail. Do I already have a Google account?

Yes. A Gmail address is a Google account. If Google Meet asks you to sign in, use your Gmail address and the same password you normally use to sign in to Gmail.

Google is showing several accounts. What should I do?

Choose the Google account you want to use. If you prefer not to use any of them, scroll down and look for “Use without a Google account.”

Why is Google asking me to confirm it is me?

Google sometimes requires an identity or security check when you choose a Google account. Follow Google's prompts. This is a Google security step, not an ACMCRN requirement.

I do not have a Google account. What should I select?

Look for “Use without a Google account.” On a small mobile screen, you may need to scroll down before you can see that choice. Enter your name if Google asks for it.

I forgot my Gmail password. Do I have to reset it before the meeting?

Not necessarily. If Google offers “Use without a Google account,” choose that instead. You can also use the telephone dial-in option.

Do I have to turn on my camera?

No. You may join Google Meet with your camera off. If you prefer not to use the online meeting at all, call in by telephone for audio-only participation.

What does “Ask to join” mean?

Select “Ask to join” and wait. If Google places you in an admission queue, the meeting host may need to admit you.

Do I have to install Google Meet?

On a computer or laptop, you can normally join from a supported web browser. On a mobile device, Google may open the Meet app if it is installed. The exact screen can vary by device.

Where do I find the correct meeting date and time?

Use the Wix event page linked in your registration confirmation. It contains the current event information and should be used instead of older saved emails or notes.

Where do I find the phone number and PIN?

Use the telephone dial-in information on the current event page. Dial-in details can differ by meeting, so always use the information provided for the event you are attending.

What if I still cannot get into the online meeting?

Return to the current event page and try the Google Meet link again. If you still have trouble, use the telephone dial-in number and PIN to join by audio.

A Note About Privacy and Participation

ACMCRN peer-support meetings are intended to be supportive community spaces. Please follow the Community Guidelines & Privacy Agreement you accepted when registering. Joining by telephone or with your camera off does not change those expectations.

Need current meeting details?

Return to the event page linked in your ACMCRN registration confirmation.